



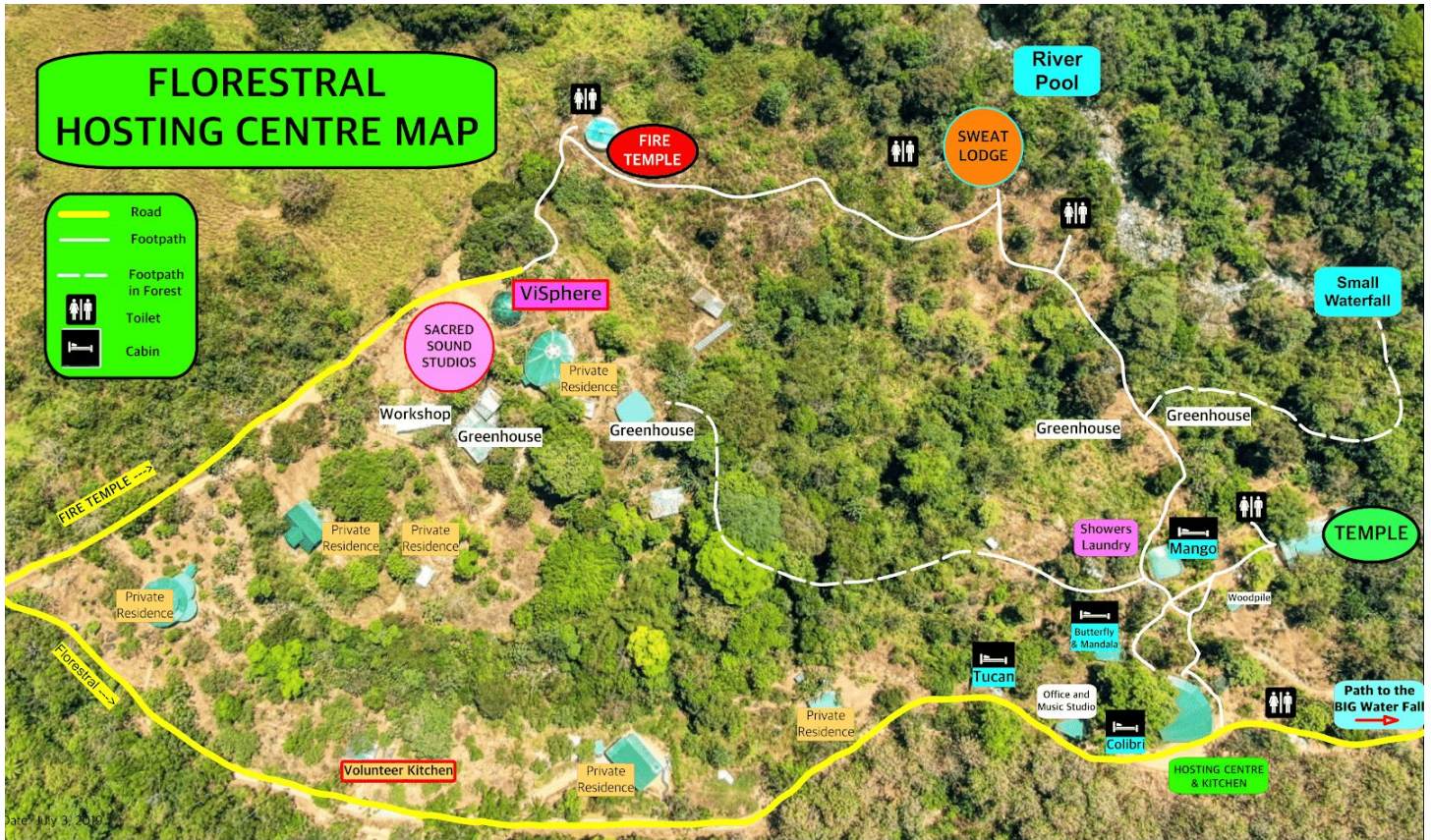
FLORESTRAL HOSTING CENTRE

Florestral is available to host your retreat or workshop!



Florestral has functioned as a retreat center for the past 5 years, serving thousands of guests for [Sol Circle](#) sacred medicine ceremonies and retreats. We are now opening the hosting center to outside practitioners and facilitators, to share the beauty and abundance of this land with those who are helping to spread light in the world. We welcome retreats and workshops involving varying healing modalities.

The Land



Florestral Is where the Forest touches the Astral

Our expansive and unique facility functions fully off the grid and in deep connection with mother nature in our forest home.

We are an eco-retreat center with a focus on sustainable living and giving back to mother nature. We have a diverse team of staff and residents that work together to maintain the harmonious balance of life in the forest.



We are located in the lush Diamante Valley on the Pacific coast of Costa Rica. Florestral is 30 minutes to Dominical, a world-renowned surfing destination with great restaurants and shopping. We are also 30 minutes from San Isidro, a large city center with many amenities, modern medical facilities and government services.

Florestral Hosting Center is situated on several hectares of pristine rainforest, with many hiking trails available for exploration. Swim in the beautiful Diamante river that runs through the property and enjoy scenic pools and waterfalls and many quiet spaces for reflection.



Hosting Facilities

Our spacious hosting center has a large, fully equipped kitchen and our beautiful cabins can accommodate up to 30 people with many more spaces for camping.



Living Room in Hosting Center Kitchen



Our spacious kitchen can accommodate small groups or large gatherings

Bring your own chef or enjoy our in-house chefs, who prepare locally-grown, dieta-safe, nourishing meals 3 times a day.



The Accommodations

We have enough indoor sleeping space at Florestral to accomodate 25-30 guests, depending on the shared or private room requirements of each retreat.



The Mango Complex has an assortment of rooms that can be made into private or shared accommodations. Each room has a private sink with running water.



Bunks in the Mango Complex

View of private balcony in Mandala Room



The Daime Temple



The Daime Temple is a beautiful sacred space that holds up to 50 people.



The Temple has access to electricity and can be used for Yoga Classes, Sound Healing, Energy Work, Workshops, Sacred Medicine Ceremonies and more.

Your guests will enjoy a breathtaking forest view from the Daime Temple.



Optional Features for your Retreat Group



The Babaji Fire Temple is available for booking for retreat groups during your stay. Services are at 5:30am and 5:30pm.

Fire Services are complimentary, please feel free to request a service when you book your retreat.

The VISphere is available for private bookings during retreats at an additional cost.

Please visit www.VISpheres.com for more information on this revolutionary meditation journey platform.





The Sweat Lodge Ceremony is available for bookings for your retreat at an extra cost. We recommend setting aside an entire day in your programming for this ceremony.

Private or group lessons are available with our in house musicians.



Hosting Services

We offer a variety of *optional* services when you host a retreat, which include:

- in-house chef
- transportation to excursions, and airport transfers
- cleaning & laundry service
- sacred medicine ceremonies
- [fire temple](#) ceremonies
- sweat lodge ceremonies
- yoga classes
- massage and energy work sessions
- access to the new [VISphere](#)

Please contact us with information regarding your specific retreat, as well as the services you would like to include.

Pricing Structure

Private Retreat

Private Retreat means that we close Florestral to the public for the time that your group is here. Pricing is per guest and includes exclusive use of all facilities, accommodations and 3 vegetarian meals daily.

Accommodation Type	7-11 Participants	12-20 Participants	21-25 Participants
Private Room	\$104	\$90	\$79
Private Room for two	\$86 (each)	\$75 (each)	\$66 (each)
Shared Room	\$80	\$70	\$62
Camping (bring your own tent and camping gear)	\$58	\$50	\$44

Ayahuasca Ceremony - \$120/person/ceremony

Sweatlodge Ceremony - \$80/person/ceremony

Integrated Retreat

Integrated retreat means that the retreat leaders will open their programming (including any medicine ceremonies) to any guest who chooses to stay at Florestral during that time, whether from their retreat or a guest coming on their own. The programming of these retreats must not conflict with Florestral programming.

Accommodation Type	7-11 Participants	12-20 Participants	21-25 Participants
Private Room	\$75	\$72	\$70
Private Room for two	\$60(each)	\$55 (each)	\$50 (each)
Shared Room	\$50	\$45	\$42
Camping (bring your own tent and camping gear)	\$35	\$30	\$27

Daily Rental Of The Daime Temple

Minimum 10 participants

\$10/participant for up to 3 hrs use of the Temple
For lunch or dinner add \$5/participant